

JOB DESCRIPTION

Job Title	Health Check Practitioner							
Directorate	Public Health							
Reporting to	Healthier Lifestyle Team Leader							
Grade	14							
Evaluation ref:	SCG1450	Job ref:	Family					
Role purpose								
To deliver the mandated public health NHS Health Check clinics in community and workplace settings across Somerset. NHS Health checks are part of the broader healthier lifestyle service for public health in Somerset.								
Responsibilities								
Work as part of a team to deliver the NHS Health Checks service in areas of identified need across Somerset. Travelling independently to community settings and workplaces to deliver NHS health check clinics to eligible individuals. Maintain accurate and timely records on the client database and input accurate data following each health check in line with local protocol.								
Maintaining a professional, person-centred approach to delivering health checks and communicating the results of a health check to individuals.								
Take key measurements included in a health check such as blood pressure, cholesterol, height, weight, and glucose levels.								
Attend relevant public health training for safe, effective and evidenced-based delivery of NHS Health checks. As well as healthy conversations training including Making Every Contact Count (MECC).								
Promote and signpost to local support services as appropriate following a completed health check.								
Use own initiative to maintain quality of delivery for services and escalate concerns as needed for more complex or strategic problem solving.								
Monitor usage and wastage of stock ensuring accurate records are maintained and shared for accurate re-ordering.								
Ensure appropriate disposal of any clinical waste related to own work areas following local protocol.								
Appropriate use of equipment to record and perform measures in the NHS Health Check including Point of Care blood testing equipment for the assessment of blood lipid profile and sugar levels.								
Conduct and report results of EQA (External Quality Assessments) and IQC (Internal Quality Control) of Point of Care testing equipment.								
Undertake a risk assessm	ent prior to the delivery of hea	lth checks	s in a new	setting.				
Participate in the dissemination of good practice to stakeholders and other professionals as relevant.								



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Promote public health activities where appropriate.

Work closely with public health teams to understand their local offer and promote opportunities to support public health messages where appropriate.

Work with colleagues in primary care, community organisations, and social prescribers to sign post tolocal support. Support troubleshooting in the day-to-day operation of the wider service. This may include making emergency delivery site visits (possibly with stock or equipment).

Support the process of dealing with any reports of adverse events or risks as they arise.

Impact

This role will sit within a wider holistic and integrated public health team with the expectation of flexible working within remit of these responsibilities. The proportion of time on each duty will vary on a day-to-day basis.

All training will be provided on successful appointment to the role.

Required to travel across Somerset to provide the service, this is likely to include areas that are not well serviced by public transport.

Knowledge / Experience / Skills			
	Essential	Desirable	
Knowledge			
Basic understanding of the impact of lifestyle factors on health and wellbeing.	x		
Awareness of public health functions and the role of public health within local authorities.	x		
Experience and knowledge of improving health and wellbeing and reducing health inequalities for individuals and groups.		x	
Understanding of training techniques and learning processes.		x	
Understanding of the Council Complaints policy.		x	
Understanding of how to manage service complaints, data protection, ethical issues, confidentiality, and breaches of information governance.		x	
Experience			
Working flexibly as part of a team.	x		
Experience working with people in individual and/or group settings such as in health care, customer or client facing role	x		
Able to work with a varied timetable visiting different locations across Somerset and meeting new people and organisations regularly.	x		



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Experience of using Microsoft Office (Word, Excel, Power Point) for analysis and presentation of data in reports relevant to the lifestyle service or clinical outcomes.	x		
Using media for health promotion.		x	
Experience of working across a range of public health lifestyle services.		x	
Qualifications / Registrations / Certifications			
5 GCSE's (or equivalent) Grade 4/C or higher – preferably including Maths and English.	x		
BTEC, A-Levels, HND or Degree or equivalent professional qualification in a relevant field such as public health, health promotion, or social care.		x	
Up-to-date CPD covering areas within the <u>NHS Health Check</u> <u>Competency Framework</u> which sets out the core, clinical skills and programme competencies required to carry out an NHS Health Check. Training will be provided within 1 month for anyone who cannot evidence this training.		x	
Registered Public Health Practitioner.		x	
Skills			
Able to learn new skills and be adaptable to pick up new service areas if required.	x		
Able to present information clearly and concisely with attention to detail.	х		
Excellent interpersonal skills – influencing, negotiating and communication (written and verbal) skills, remaining sensitive and empathetic	x		
Excellent communication and interpersonal skills		x	
Able to deliver PowerPoint presentations during when required, producing reports and presentations to a professional standard.		x	
Comfortable engaging with media to promote the service e.g. radio / TV interviews.		x	

Working Conditions

Based at nearest Somerset Council base but with frequent working at a variety of health check delivery locations.

Some elements of lone working may be involved.

Working Arrangements

Regular evening or weekend work may be required up to 2 evenings a week – Evenings hours will be up to 8pm.



Corporate Responsibilities

• Understand, uphold, and promote the aims of the council's equality, diversity, and inclusion policies; health, safety and wellbeing of self and others; and Organisational values in everything you do. Equality and Diversity practice covers both interaction with staff, service users and communities and includes challenging discrimination and promoting equality of opportunity for all.

Date: